

# CSA LI Retiree Unit

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## Welcome Back CSA Long Island Unit Retirees

*Candice Scott, Ed.D.  
Unit Leader*



## *Welcome Spring!*

We've been through a tempestuous winter with real snow and 50 degree temperatures. So, we are looking forward to better, brighter and warmer days. We did manage to accomplish a lot during the winter months. The Long Island Unit presented two virtual history programs from the Zuckerman's. Our December Holiday Party was a big success; we visited the Nassau County Museum, and the Railroad Museum. Five members of our Long Island Unit joined the CSA Albany Advocacy cohort and met with numerous Long Island legislators. Our October General Meeting at the Half Hollow Hills Library in Dix Hills was well attended and very informative. In addition, two of our members were celebrated. Melanie Johnson, newsletter editor was awarded an Image Award from the NAACP Westbury Branch. Manfred Korman, Parliamentarian, was recognized by Newsday and network news as a Holocaust survivor.

Moving forward, we will have a trip to the Summit in Manhattan, a stroll through the arboretum, a continuation of the Walking Club, the chair yoga group resumes, a second General Meeting at the Half Hollow Hills Library in Dix Hills, a trip to a winery, a Broadway show, and a ferry ride on the Nautical Mile in Freeport. Also, this year's June 18<sup>th</sup> Annual Luncheon will be held at Jericho Terrace in Mineola. We are celebrating Women's History Month this March, and thankful for all the progress women have made in America.

Wishing you all the best for Easter, Passover, or Ramadan. This is the season to renew your faith. Enjoy your friends and family. Remember that CSA is always striving to protect your rights, and provide you with benefits.

Best Wishes,

*Candice Scott*

Dr. Candice Scott, CSA Long Island Unit Leader



## MYRLIE EVERS WILLIAMS

Born on March 17, 1933 in Vicksburg, Mississippi

### A Tribute to Black History and Women's History Month

*By, Dr. Candice Scott*

On June 12, 1963 Myrlie Evers Williams experienced the most horrific event of her entire life. Waiting eagerly with her children for her voting rights activist husband Medgar Evers to return home, she witnessed the savage assassination of her beloved mate. Shot down in the driveway of their home, Medgar's death was a foreshadowing of the attack on Dr. Martin Luther King. Rabid Klansman, Byron De La Beckworth shot Evers in the back saying "That's one nigger who isn't going to come back!" After 30 years, Beckworth was finally convicted on February 5, 1994, and sentenced to life in prison.

Myrlie Louise Evers was born in 1933 in Vicksburg, Mississippi. She worked for 30 years as an activist and civil rights leader seeking to get justice for her slain husband. She received a BA from Alcorn University, and an honorary degree from Harvard.

Myrlie Evers was the first woman to serve as president of the NAACP. She served from 1965 to 1998, and made significant contributions to its modernization and impact. Evers was a public speaker and delivered the invocation at President Barack Obama's second inauguration. She also wrote several books including, Watch Me Fly: What I Learned On My Way to Becoming The Woman I Was Meant to Be.

In 1975, Myrlie Evers married Walter Williams, a labor union organizer. He died in 1995, leaving Myrlie a widow for a second time. In 1989 Myrlie Louise Evers Williams founded the Medgar and Myrlie Evers Institute on the campus of the University of Mississippi, to promote education, social justice, and social change.

## How To Recognize Phishing

Scammers use email or text messages to try to steal your passwords, account numbers, or Social Security numbers. If they get that information, they could get access to your email, bank, or other accounts. Or they could sell your information to other scammers. Scammers launch thousands of phishing attacks like these every day — and they're often successful.

Scammers often update their tactics to keep up with the latest news or trends, but here are some common tactics used in phishing emails or text messages:

Phishing emails and text messages often tell a story to trick you into clicking on a link or opening an attachment. You might get an unexpected email or text message that looks like it's from a company you know or trust, like a bank or a credit card or utility company. Or maybe it's from an online payment website or app. The message could be from a scammer, who might

- say they've noticed some suspicious activity or log-in attempts — they haven't
- claim there's a problem with your account or your payment information — there isn't
- say you need to confirm some personal or financial information — you don't
- include an invoice you don't recognize — it's fake
- want you to click on a link to make a payment — but the link has malware
- say you're eligible to register for a government refund — it's a scam
- offer a coupon for free stuff — it's not real

Here are signs that this email is a scam, even though it looks like it comes from a company you know — and even uses the company's logo in the header:

- The email has a generic greeting.
- The email says your account is on hold because of a billing problem.
- The email invites you to click on a link to update your payment details.

While real companies might communicate with you by email, legitimate companies won't email or text with a link to update your payment information. Phishing emails can often have real consequences for people who give scammers their information, including identity theft. And they might harm the reputation of the companies they're spoofing.

## Four Ways To Protect Yourself From Phishing

**1. Protect your computer by using security software.** Set the [software to update automatically](#) so it will deal with any new security threats.

**2. Protect your cell phone by setting software to update automatically.** These [updates](#) could give you critical protection against security threats.

**3. Protect your accounts by using multi-factor authentication.** Some accounts offer extra security by requiring two or more credentials to log in to your account. This is called [multi-factor authentication](#). The extra credentials you need to log in to your account fall into three categories:

- something you know — like a passcode, a PIN, or the answer to a security question.
- something you have — like a one-time verification passcode you get by text, email, or from an authenticator app; or a security key
- something you are — like a scan of your fingerprint, your retina, or your face

Multi-factor authentication makes it harder for scammers to log in to your accounts if they do get your username and password.

**4. Protect your data by backing it up.** [Back up the data on your computer](#) to an external hard drive or in the cloud. [Back up the data on your phone](#), too.



**Manfred Korman**  
**Member CSA Long Island Unit**

On Jan 26, 2024 our own Manny Korman appeared on CBS News as he was interviewed on the 2024 Observance of the international Day of Commemoration in memory of the victims of the Holocaust. You can view his interview by clicking on this link: <https://youtu.be/HcdP71zTibw?si=E3HRKR2tynanAuAM>

On April 19, 2023 [Manfred Korman](#), a survivor of Nazi Germany's attempt to exterminate European Jews delivered a message of hope to the St. John's University community.

Mr. Korman called his survival and subsequent journey to the United States miraculous. "It should not have happened," he admitted.

Living in Hamburg, Germany, with his brother and parents, in October 1938 the family was rounded up by Nazi police and transported to a camp in Poland. A month later, the British government agreed to harbor child refugees from the Nazis, and Mr. Korman's parents made the gut-wrenching decision to send Manny, then six, and Gerd, 10, to England, where they lived with a host family.

"We were given 20 to 30 minutes to pack our bags," Mr. Korman said of the night the Nazi police arrived. "I remember my brother saying that for the first time someone else, not our father, was in charge of us."

A sought-after speaker, Mr. Korman shares his survivor experiences with schools, fraternal organizations, and museum visitors throughout the New York City area. Amid his hopeful message, he reminded the St. John's audience of the need for vigilance amid resurgent anti-Semitism and Holocaust denialism.

"We have to speak out about anything that is opposed to human respect," Mr. Korman said. "As for people who deny the Holocaust happened, I am not convinced they are not using denialism as a vehicle for themselves and people in their groups that makes for good press."

"All we can do," Mr. Korman continued, "is to continue to educate and hope the goodness of people comes forth."

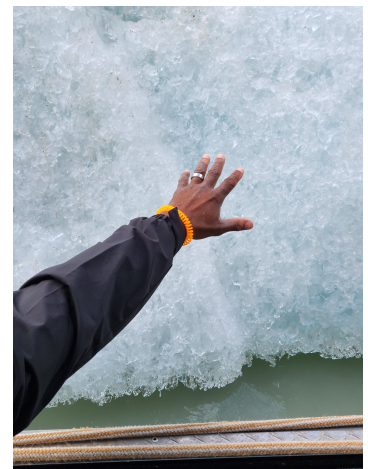


## 'Tripin' Around the World

**(To our readers:** Tell us about a recent trip that you would recommend to your Long Island Unit retirees in one paragraph or less. You can add a photo. Send submissions to: [Principal459@yahoo.com](mailto:Principal459@yahoo.com) Subject line: 'Tripin')

**“To celebrate my birthday in July, my husband and I traveled on the Oceania's Regatta Cruise Ship to Alaska. We visited Wrangell, Sitka, Ketchikan, and Victoria, British Columbia, Canada. The highlight of the trip was seeing the glaciers and touching the ice.”**

*Joyce E. Bush*



### NEXT TRIP:



**SAVE THESE DATES****General Membership Meeting (In-person)**

Half Hollow Hills Community Library  
 55 Vanderbilt Pkwy, Dix Hills, NY 11746  
 Thursday, **April 18, 2023** - 12:00 PM

**The Summit One Vanderbilt (In-person)**

Friday, **April 29, 2024** 12:00 PM  
 45 E. 42nd Street  
 New York, NY 10017

**June Luncheon (In-person)**

Jericho Terrace  
 Tuesday, **June 18, 2024**  
 249 Jericho Turnpike  
 Mineola, NY 11501

**Long Island Unit Walking Club (In-person)**

**Date:** Mondays - 10:00 AM 🍏 beginning March 25, 2024

**Group Leaders:** Manfred Korman & Jonathan Barnett

**Location:** Eisenhower Park, Lot 2 (Circle around to the parking lot, behind the Public Safety Office).

- Meet your group leader(s) at Lot 2
- In the event of a cancellation, a group leader will contact you; therefore, we need to have contact information.
- Walk at your own pace.

**Please click on the link below to enter your contact information for the "Walk with Me" group:**

<https://forms.gle/uNEtW8Daw1pDric47>

**Chair Yoga with Suzanne (Virtual)**

**Wednesdays 10:00 - 11:00 AM**

March 6, 13, 20, 27

April 3, 10, 17

May 8, 15, 22, 29

**Join Zoom Chair Yoga**

<https://us02web.zoom.us/j/85187303721?pwd=OVhHNDgyL0ZFYnY2bmVaMC8ybUUrUT09>

Meeting ID: 851 8730 3721

Passcode: 444405

**Wellness Wednesdays with Denise Schira**

(breathing techniques, mindfulness practices, gentle somatic movement, music & dance)

Wednesdays, NOW - June 5th, 12 Noon - 1 pm (No Session on March 27)

**Registration link:**

<https://us06web.zoom.us/meeting/register/tZYtd-GtqjsiGtXeoUWeMUhNHsc9EcAPak5P>

**Current Events sessions are ongoing**

If you would like to participate in our Currents Events sessions, contact [mortonkugal@yahoo.com](mailto:mortonkugal@yahoo.com)

**CSA LI Retiree Unit Website** at [csaliretires.com](https://csaliretires.com) for additional information, activities/events, including links to CSA Chapter events

**CSA Long Island Retiree Unit Membership Application Change**

*by, Rhenaye Hornsby, CSA LI Membership Chair*

The CSA Long Island Membership Application has changed. Instead of the option of paying for two – or – three year memberships, we will now pay for only one year at a time. **All CSA Long Island Retiree Membership Dues expire at the end of the fiscal year, which ends in September of each year.**

If you have paid for multiple years, your membership will be credited for those years. If your membership needs to be renewed, we will contact you via email.

Keep your dues current so that you will be able to participate in the Long Island Unit's programs as well as receive email updates for activities and events offered by the Long Island Retiree Unit.

**Membership Dues: \$15.00 per year**

**Remember: You can only join/renew membership for one year at a time.**

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## CSA RETIREE CHAPTER – LONG ISLAND UNIT Membership Application

Name (please print your full name): \_\_\_\_\_

Spouse/Partner: \_\_\_\_\_

Address \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Member's DOB: \_\_\_\_\_ Date of Retirement: \_\_\_\_\_

**MAIL APPLICATION AND CHECK TO:**

CSA Retiree Chapter - Long Island Unit

P.O. Box 301

Commack, New York 11725