WELCOME AUTUMN 2026

CSA LONG ISLAND EMERITUS NEWSLETTER

WELCOME BACK!

First day of school. Do I have enough teachers to cover all my classes? Did I work out all the glitches in the program? Is the Chancellor going to visit my school this morning? Are the parents watching me in the yard? STOP! You're retired now. You can go to lunch with friends, go to the beach, play with the grand children or renew your membership with the CSA Long Island Retiree Unit. That will open up a whole world of activities such as The Del Vino Winery, High Tea at the Bayard Cutting Fields, the Nassau County Museum, line dancing at the Coral House Holiday Party, or our new Book Club with Ramona Berry Ingram. We also have presentations from Welfare Director Susan Barone and updates from Retiree Chairperson Gayle Lockett, and Director Mark Brodsky. Join your friends and colleagues to get informed at General Meetings in October and April.

This year's events are all listed on our website csaliretirees.com. Our mission is to inform, entertain, and promote wellness for our Long Island retirees. We welcome your comments and your suggestions. You can keep in touch with the Retiree Chapter through our email at csalongislandretiree@gmail.com. Don't forget to register for this year's CSA Conference at the Hilton on October 24th. We look forward to seeing you at our October 13th General Meeting in Dix Hills featuring Welfare Director Susan Barone. Make this your year to get active with the CSA Long Island Retiree Unit.

Yours in Service,
Dr. Candice Scott, CSA LI Unit Leader

516-851-6105 cwilcan23@aol.com csaliretirees.com

CSA LI RETIREE UNIT

UNIT LEADER
DR. CANDICE SCOTT

ASSISTANT UNIT LEADER
RENEE SHULMAN

TREASURER
DR. RENEE RAINES

ASST. TREASURER
EVA SANABRIA

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ELLEN MANDEL

ASST RECORDING SECRETARY
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SIMPSON ALEXIS

Sharing Across Our Units - Norm Sherman's Informational Update Vol 17 #7

Informational Update Vol 17 # 7 compliments of Norm Sherman,
Florida CSA Retiree Chapter Liaison & Outreach Coordinator.

1. Eligible Survivor's Benefits
2. Drugs Administered by a Doctor or Health Provider
3. Question of the Month

Informational Update Vol 17 #3

1. Eligible Survivor's Benefits
For this column, an eligible survivor is defined as a dependent spouse/registered partner, or a dependent child under 26 years old, of a member who has passed away. If the child is handicapped and cannot care for himself/herself, then there is no age limitation, provided the handicap occurred prior to the child's 19th birthday.

While the passing of a member is a very difficult time for the eligible survivor, the good news is that the CSA Retiree Welfare Fund continues to provide him or her with supplemental medical coverage WITHOUT COST for a period of 5 years from the date of the member's passing. The coverage includes dental, optical, hearing aid, drugs, and many other medical services. The whole list of benefits can be downloaded from the CSA Welfare Fund website.

Eligible survivors are also entitled to the CSA Retiree Chapter supplemental benefits, which enhance the Fund benefits. However, you must join the Chapter, which has a monthly charge.

After 5 years from the member's passing, the eligible survivor may extend the Fund's supplemental benefits, provided he or she pays a monthly COBRA premium. The survivor can also continue to receive the CSA Retiree supplemental benefits if he or she continues to pay the Chapter dues, which I highly recommend.
While the supplemental Welfare Fund coverage is provided at no cost, the eligible survivor must have a basic city health plan or the equivalent through another health plan to receive the Fund's coverage.

The Fund's supplemental benefits are considered secondary to any other coverage the eligible survivor may have through an employer or private paid plan. The Fund will coordinate its coverage with the primary coverage.

As indicated above, the eligible survivor's coverage automatically ends after 5 years unless the eligible survivor renews the coverage at the COBRA rate without time limitations
It will also end prior to the 5 years if the survivor remarries or if his/her dependent's status terminates.

2. Drugs Administered by a Doctor or Health Provider
Many drugs administered by a doctor or Health Provider are covered under Medicare Part B, provided they meet Medicare's coverage requirements.

Sharing Across Our Units - Norm Sherman's Informational Update Vol 17 #7 (*cont'd)*

Examples of Part B-covered drugs include:

▪ Chemotherapy drugs administered in a doctor's office or an outpatient hospital.
· Immunotherapy and many other cancer treatments given by infusion or injection.
· Infusions for conditions such as rheumatoid arthritis, Crohn's disease, osteoporosis, and multiple sclerosis when medically necessary.
· Injectable osteoporosis drugs for certain people who meet Medicare criteria.
· Certain vaccines, including:
o Influenza (flu)
o COVID-19
o Pneumococcal (pneumonia)
o Hepatitis B (for people at medium or high risk)
· Erythropoiesis-stimulating agents (ESAs) for certain patients with chronic kidney disease or undergoing dialysis.
· Blood-clotting factors for people with hemophilia.
· Intravenous immune globulin (IVIG) for certain immune deficiency disorders.
· Certain anti-nausea drugs used as part of chemotherapy treatment.

What you pay
After you meet your Medicare & secondary plan deductibles, Medicare generally pays 80% of the cost, and your secondary plan pays the other 20%, less your $15 co-pay.

Please note that Medicare Plan B prescription drugs are not included in the annual Medicare Plan D prescription out-of-pocket drug cap. This year, the cap is $2,100.

3. Question of the Month
Q. I am having cataract surgery, and the doctor said I needed a special lens to correct my astigmatism. Does the CSA Retiree Welfare Fund cover this lens?

A. Unfortunately, the Fund does not cover this special lens. The Fund covers up to $500 per eye lifetime, only for a multifocal lens.

Norm Sherman
Florida CSA Retiree Chapter Liaison & Outreach Coordinator

This information is also on our CSA LI website.

Yes, Your TV is Spying on You

Why Streaming Services Already Know Exactly What You Watch

Your TV might be watching you. Automated Content Recognition (ACR) is a feature that can identify what you're watching to target ads and suggest content. The TV manufacturer can then sell that data to any company that wants to understand your (and everyone's) viewing habits. It's available on all major smart TV platforms and is usually enabled by default on newer TVs.
Even if the device manufacturer or platform holder says the data is private, secure, and anonymized, the tech is still invasive. In fact, it's probably more invasive than you might think. I'm here to explain the privacy concerns associated with ACR and show you how to turn it off.

Anything you watch on a video streaming service is identifiable the moment you select it. That's just how streaming works. You choose a movie in an app, and the app contacts a server with that movie's name to determine which stream to send to your TV. If it's a service you sign in to, like Netflix, it'll connect your account to the movie you want to watch. The service uses that information as a convenience; after all, that's how it displays your viewing history, creates recommended watch lists, and resumes where you left off if you stop watching a movie before you finish it. If it's an ad-supported platform like Tubi that doesn't require you to log in, it can still track your viewing habits using your device's IP address or other identifying data.

The Bigger Threat: How Your TV Identifies Anything You Play–Even Offline

ACR doesn't handle app-level data, as in the video streaming example above. Instead, it watches or listens to what you're streaming and uses that information for the TV maker's purposes. ACR analyzes everything that goes through your TV and looks for giveaways hidden in the audio or video signal. Those digital fingerprints let ACR know what you're watching, no matter which app, service, or media format you're using.

How to Disable ACR (Before Your TV Collects More Data

Fortunately, you can turn off ACR, but you must dig through menus to do so. And the tech almost always has a unique name, depending on the TV brand and platform. It can also differ depending on your TV's age, since interfaces often rearrange menus when they're updated over time. With that in mind, here's a general guide on how to disable ACR on most popular TVs.

Amazon Fire TVs

Amazon's Fire TV platform is used not only by Amazon but also by companies like Hisense and Panasonic. ACR might go by slightly different names on those TVs, but on first-party Fire TVs, it's simply called Automatic Content Recognition.
Navigate to Settings > Preferences > Privacy Settings > Automatic Content Recognition. Turn that off, along with Device Usage Data, Collect App, and Over-The-Air Data.

Yes, Your TV is Spying on You (cont'd)

LG TVs

LG TVs call ACR Live Plus, and its setting is buried pretty deep. To deactivate it, visit Settings > General > System > Advanced Settings > Live Plus.

Once there, turn off Live Plus, along with any other similar-sounding options you might be concerned about.

Other TVs

Roku: Go to Settings > Privacy > Smart TV Experience. To disable ACR, uncheck Use Information for TV Inputs.

Samsung: On older models, go to Settings > Support and scroll down to Terms & Policies. Here, you'll want to turn off Viewing Information Services (Samsung's ACR technology) and Interest-Based Advertising (for personalized ad tracking). On newer models, go to Settings > All Settings > General & Privacy > Terms & Privacy. Select and turn off Viewing Information Services and Interest-Based Advertising.

Sony: Go to Settings > Initial Setup, then choose Interactive TV Settings or Samba Interactive TV (Sony's ACR equivalent), and set it to off.

Vizio: Press the MENU button on your TV's remote or head to HDTV Settings on the TV. Go to System > Reset & Admin > Highlight Viewing Data. Press the right arrow to turn off the setting.

CREDITS:

PC MAGAZINE

WRITTEN BY Will Greenwald

Principal Writer, Consumer Electronics

WELCOME TO AUTUMN!

Here are the events/activities planned, thus far, for 2026

All information can be found on our CSA LI website at csaliretirees.com and in your email from csalongislandretiree@gmail.com.

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"Tripin" Around the World

We would like to feature a trip you have taken over the past year in our CSA LI Newsletter. Email a few pictures and a brief statement about your trip to principal459@yahoo.com.

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Upcoming Activities & Events

Chair Yoga w/Suzanne

Wednesdays | 9:30 - 10::30 AM

September 9, 16, 23, 30

October 7, 14, 21, 28

Join Zoom Meeting

https://us02web.zoom.us/j/84935987872?pwd=tNSTetxRZajsDwq2RpwA4OUcYBr1BA.1

Meeting ID: 849 3598 7872

Passcode: 999097

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Current Events w/Morty

Current Events sessions are ongoing, Thursdays at 10:30 AM

Contact Morton Kugal at mortonkugal@yahoo.com to join the sessions. Sessions are ongoing.

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Medicare Presentation on Zoom

by Norm Sherman

Wednesday, September 23, 2026 - 1:00 PM

(More details later)

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Walking Club Nassau w/Manny & Jonathan

Mondays at 10 AM

We will resume in September 14, 2026

Group Leaders: M. Korman & J. Barnett

Location: Eisenhower Park, Lot 2

Register below to join::

https://forms.gle/uNEtW8Daw1pDric47

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Walking Club Suffolk w/Carmen

Tuesdays at 10 AM

We will resume in September 15, 2026

Group Leader: Carmen N. Amador

Location: Argyle State Park, NY-27A, Babylon

Register below to join:

https://forms.gle/HZ369sBvVQQDsD8R7

This registration information is shared with the Group Leader so that they will be able to contact you directly regarding the Walking Clubs.

CSA LI Virtual Page-Turners Book Club (via Zoom)

Welcome to our Virtual Page Turners Book Club!

Moderator: Ramona Berry-Ingram

The Virtual Page-Turners Book Club will meet once a month.

Each month we will explore novels across different genres.
Every other month we will alternate between an assigned book that everyone will read and discuss (selected by a member of the group), and a "free-read" month where everyone shares a book (or two) they have recently read and enjoyed, and then share why they would recommend it.
Our moderator, Ramona Berry-Ingram, encourages participants to download the free app, "Book Clubs", to stay connected and share updates.

Limited to 12 members (to start). First come, first serve. Register immediately!
Join us as we turn pages and share the joy of reading.

Register below to join::
https://forms.gle/5PEWEWv49y9feYrZ8

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Nassau County Museum of Art

One Museum Dr.
Roslyn, NY 11576

LOUIS COMFORT TIFFANY: Artist of The Gilded Age
Thursday, November 5, 2026 - 12:45 PM
RSVP:
Sheila Michael at emsm783@aol.com

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CSA CONFERENCE & RETIREE BREAKFAST
Saturday, October 24, 2026

NEW YORK HILTON - MIDTOWN
1335 SIXTH AVENUE
NEW YORK, NEW YORK 10010

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CSA LI HOLIDAY CELEBRATION
Friday, December 4, 2026
CORAL HOUSE
70 Milburn Ave
Baldwin, NY 11510

Details to follow
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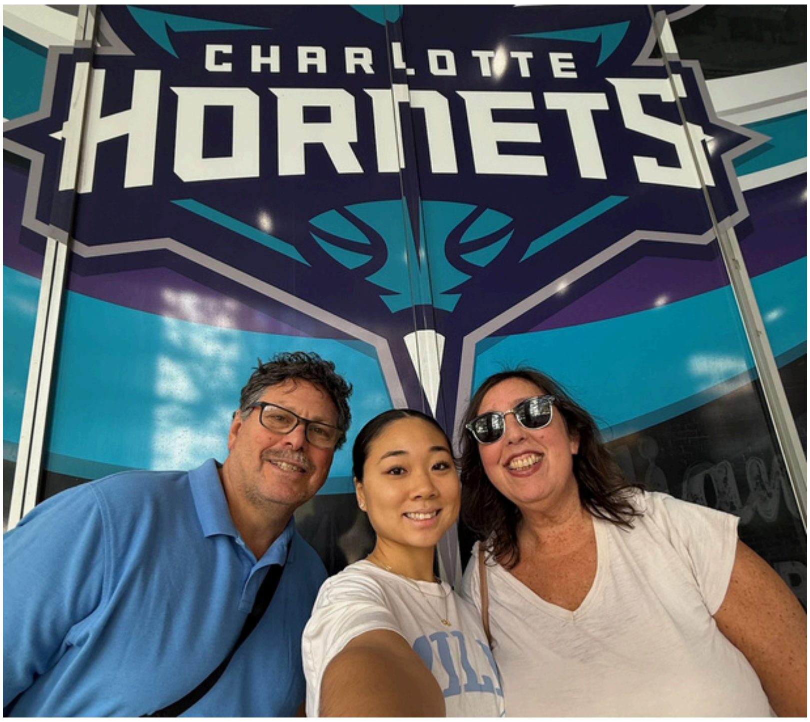
"Tripin" Around the World



"PARTY IN THE USA"

Lisa, Jonathan, and Emma

in Charlotte, North Carolina

2026-2027

_____Rec. _____ Ent.

CSA RETIREE CHAPTER – LONG ISLAND UNIT

Membership Application/Renewal

All CSA Long Island Retiree Membership Dues expire at the end of each fiscal year, which ends in September of each year. The yearly membership is $15.00.

Keep your dues current so that you will be able to participate in the Long Island Region's programs, as well as receive email updates for activities and events offered by the Long Island Retiree Unit.

NOTE: YOU CAN ONLY JOIN/RENEW MEMBERSHIP ONE YEAR AT A TIME.

→ ***Our mailing address has changed. See below.*** ←

PLEASE PRINT ALL INFORMATION CLEARLY

Name (please print your full name): ______________________________

Spouse/Partner: ____

Address ____

City: _________________________ State: _________ Zip: _________

Home Phone: ____________________________________

Mobile Phone: ___________________________________

E-mail Address: ____

Member's DOB: ____________ Date of Retirement: ______________

☐ I have enclosed my yearly membership dues ($15) and membership application.

MAIL APPLICATION AND CHECK TO:

CSA Retiree Chapter - Long Island Unit

265 Sunrise Highway #761

Rockville Centre, New York 11570